(Rule 1240-4-3-. Appendix G, continued)

## The Child Care Food Program Infant Meal Pattern. (4)

Age of Baby by Month	Breakfast	Lunch & Supper	Snack
Birth through 3 months	4-6 fluid ounces (fl oz) breast milk <sup>9</sup> or formula <sup>10</sup>	4-6 fl oz breast milk <sup>9</sup> or formula <sup>10</sup>	4-6 fl oz breast milk <sup>9</sup> or formula <sup>10</sup>
4 months through 7 months	4-8 fl oz breast milk <sup>9</sup> or formula <sup>10</sup> 0-3 tablespoons (tbsp.) infant cereal <sup>11</sup> (optional)	4-8 fl oz breast milk <sup>9</sup> or formula <sup>10</sup> 0-3 tbsp. infant cereal <sup>11</sup> (optional) 0-3 tbsp. fruit and/or vegetable (optional)	4-6 fl oz breast milk <sup>9</sup> or formula <sup>10</sup>
8 months through 11 months	6-8 fl oz breast milk <sup>9</sup> , formula <sup>10</sup> , or whole milk  2-4 tbsp. infant cereal <sup>11</sup> 1-4 tbsp. fruit and/or vegetable	6-8 fl oz breast milk <sup>9</sup> , formula <sup>10</sup> , or whole milk  2-4 tbsp. infant cereal <sup>11</sup> and/or 1-4 tbsp. meat, fish, poultry, egg yolk, or cooked dry beans or peas, or 1/2 to 2 oz. cheese, or 1-4 oz cottage cheese, cheese food, or cheese spread  1-4 tbsp. fruit and/or vegetable	2-4 fl oz breast milk <sup>9</sup> , formula <sup>10</sup> , whole milk, or fruit juice <sup>12</sup> 0-1/2 slice bread or 0-2 crackers <sup>13</sup> (optional)

<sup>&</sup>lt;sup>9</sup> Meals containing only breast milk are not reimbursable
<sup>10</sup> Iron-fortified infant formula
<sup>11</sup> Iron-fortified dry infant cereal
<sup>12</sup> Full-strength fruit juice
<sup>13</sup> Made from whole-grain or enriched meal or flour